

Amplifying Your Impact in Our Community

Total value of in-kind donations distributed from our Community Donation Warehouse

\$268,895

Housewares allowing people in need to create cozy new homes

\$59,225

Diaper, infant and baby supplies and children's items to parents and families in need

\$181,560

Electronics and home appliances to help individuals and families who are facing barriers

\$97,544

Cleaning and hygiene supplies to offset operational costs for agencies providing residential housing facilities to clients in need of a safe place to call home

\$108,792

Total value of gifts distributed from our winter Holiday Helping Hand program

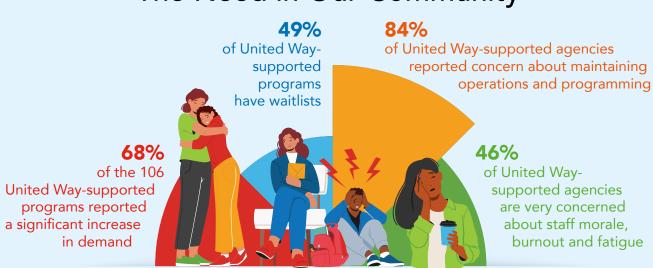
3,257 Individuals who received a gift

\$10.081.2

\$10,981,248*

Total recovered through free tax-filing clinics for modest-income community members

The Need in Our Community





We would like to acknowledge and honour the land on which our organization works. This land is the traditional territory of many Indigenous communities, including the Haudenosaunee, Anishinaabe, Erie, Huron-Wendaat, and Mississaugas, and we are grateful to live, work, and play, in the spirit of the Dish With One Spoon Wampum. We are privileged to share this land, and take time to reflect truthfully and be in community with Indigenous peoples in the spirit of Reconciliation.

A MESSAGE OF REFLECTION

It has been a year of transformation and unpredictable change.

Yet, beyond these challenges, we have all come together for the love of our community and one another. This report represents the impact you have had on the lives of individuals and families.

Our community's 2022-23 Impact Report showcases the critical work that local programs are delivering to improve the lives of families, children, youth, adults and seniors. You've made all the difference.

The aftershocks of the pandemic remain, with so many

of our family, friends, neighbours, and co-workers experiencing ongoing mental health and social isolation challenges. When coupled with the economic and cost-of-living crisis, many more people are facing hardship and struggling to make ends meet.

However, thanks to you, our generous and dedicated supporters, together we raised \$11 million.

Those dollars will be invested in our community to fund programs that are tackling the devastating effects of poverty, helping kids and youth to reach their full potential, levelling the playing field for those facing

systemic barriers, and fostering mental wellness, safety, and community inclusion among everyone.

We are incredibly grateful for the trust you've shown in United Way to lead the path to mobilize action and innovation.

Together, Halton and Hamilton have repeatedly shown the resilience, heart, and unity that define great places to grow up, live, work, raise families and grow old.

Thank you for your Local Love and for making possible the inspiring stories we are honoured to share with you in this Impact Report.

Brad ParkPresident and CEO,
United Way
Halton & Hamilton

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Ryan Packer
2022-23 Chair, Campaign
Cabinet, United Way
Halton & Hamilton
Vice President of
Canadian Commercial
Banking, BMO Financial
Group

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Trent Ogilvie
Chair, Major Giving
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Board Director, United
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xROCKWOOL

James McAskill
Chair, Board of Directors,
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Hamilton
Managing Partner,
O'Connor MacLeod
Hanna LLP



EMERGENCY NEEDS IN THE COMMUNITY

After administering the crucial Emergency Community Support Fund in 2020-21, your United Way is a partner in the Community Services Recovery Fund (CSRF) – a \$400-million commitment from the Government of Canada to support charities and non-profits as they build resilience and adapt to the long-term impacts of COVID-19.

The CSRF is a collaboration between United Way Centraide Canada, Canadian Red Cross and Community Foundations of Canada. In early 2023, we received 78 CSRF applications totalling nearly \$7.5 million in funding requests. In the year ahead, we will strategically invest the \$3.12 million allocated to your United Way through the CSRF in order to make the greatest impact in our community.





Finding a New Home

SEBASTIAN AND HIS FAMILY ARE GRATEFUL FOR THE HELP OF AN AGENCY DEDICATED TO ENSURING **NEWCOMER YOUTH AND ADULTS CAN THRIVE IN CANADA**

> As a newcomer, Sebastian found himself struggling in school and trying to learn English. Now, five years later, he is volunteering at the United Waysupported agency that helped him overcome those challenges and serving as a leader to newcomers arriving today.

> > His family emigrated from El Salvador when Sebastian was seven.

"It was because of the state my country was in. It wasn't the greatest in terms of safety. We were shot at one day when going to my grandma's house, and I think that's what led my parents to finally make the decision to immigrate."

It wasn't long before settling in their new city that Sebastian's mom learned of an agency offering programs to help newcomer, racialized, and marginalized communities thrive and succeed.

Sebastian started playing soccer in the summer and then enrolled in a homework help program.

His grades are great now and he knows how to ask for help when he's struggling. Sebastian's little sister has taken part in the agency's programs, too, and his mother is heading to culinary school thanks to a scholarship.



ISSUE

Social malnutrition, a term referring to the long-term damage that a lack of normal socialization has on children's mental and physical health, was heightened in the last two years.

ISSUE

A quarter of children and youth in Canada experience mental health challenges, and more than half of youth experience depression.

ISSUE

Youth graduating from post-secondary education have higher employment levels, and higher average incomes.

IMPACT

35,466 Children and youth are connected to and involved in their community.

IMPACT

29,914 Children and youth improved their emotional and physical well-being.

IMPACT

27,267 Children and youth engaged in learning and improved their academic performance.



ISSUE

Ontario food bank use is skyrocketing, seeing a 64% increase in first-time visitors.

ISSUE

In Ontario, the rise in precarious employment—low-paying, temporary and part-time jobs—is one of the main contributors to more people turning to food banks for support. Gig work, such as third-party food delivery apps, now represents almost 1 in 10 workers.

ISSUE

Many people face barriers to filing taxes. Without doing so, they can't access subsidized housing and other critical government benefits.

IMPACT

IMPACT

security.

IMPACT

4,474

towards

stability.

meaningful

employment

and/or financial

People working

13,017

People have

increased food

People experiencing homelessness were supported through free tax-filing clinics; 50 of those individuals moved into permanent housing.

A Helping Hand for Seniors

VALARIE HAS FOUND A SENSE OF BELONGING AND INDEPENDENCE IN NEW HOUSING

"I've been living on my own since August 2021, and I'm very happy with my apartment. I have privacy and I have supports in place. There is a tenant support worker who helps me when I need it. I also have the freedom to come and go as I like. It took me a while to adjust to being independent but I'm doing OK

It has been really challenging to make ends meet on my budget. With the United Waysupported agency I work with, I can also get help with accessing food, toiletries and other necessities I need. And, it's always done with a smile.

They've been fantastic. I can't say enough good things about the agency. I'm really glad that United Way is supporting them. I'm really happy to be a spokesperson because I know that both agencies care about people.

The centre gives seniors a sense of independence and a chance to have a social life. They make them feel important.

The senior's centre offers a sense of community and also a place where seniors are cared about. You walk in the door and it's 'Hi Valarie, how are you today?' It's like you're part of the family."





Getting a Second Chance at Life

FRED ACCESSED LIFE-CHANGING COMMUNITY SERVICES TO HELP ON HIS JOURNEY TO RECOVERY

"At the time, every penny I was making was spent on drugs. I was getting up in the morning, and before I was even out of bed, I would have already used... that was just to start my day. It was really bad.

When I found out about what United Way could do, I was sitting inside a methadone clinic. I was talking to someone on the phone, saying, 'I'm going to lose everything. I've got nothing. I might as well be dead.'

I got in touch to learn more about what the program could do to support my recovery.

The rehabilitation program was probably the most life-changing thing that has ever happened for me. After my first session, I felt the weight on my shoulders had been lifted. If United Way hadn't stepped in when it did, I probably wouldn't be standing here.

Now, I share my story to let people know about the services that they support through donations, and how they make an impact."



ISSUE 1 in 4 Canadians were classified as having low-tomoderate mental health difficulties.

32,286
People have improved mental health and are better able to handle life's challenges.

ISSUE
More than half of
Canadians report
not having a strong
sense of belonging
to their local
community.

ISSUE
Among employed
Canadians, the
number of people
with mental healthrelated disabilities
has increased by
2.3% over the last
few years.

1MPACT
20,057
People are involved in their community and feel a sense of belonging.

7,189
People are able to access supports, including addiction support services, due to enhanced community service coordination.

Four-legged Therapists

UNITED WAY-SUPPORTED PROGRAM SPREADS THE LOVE AND COMFORT OF DOGS TO NURSING HOME RESIDENTS, HOSPITAL PATIENTS, STUDENTS, AND OTHERS IN NEED

Dogs—our best friends. Thanks to a program Jenn had a golden retriever who loved to supported by United Way, they can bring comfort visit high school during exams so students to those in need.

The therapy dog program was established nationally in 1998 and has grown to involve 3,500 dogs spending 275,000 hours with residents stressed and it's like they're in a in long-term care, hospital patients, children, students, and even victims or witnesses in court goes up to them and puts their cases.

Interactions with dogs have been proven to who are just so excited to see reduce stress and anxiety, calm nerves, and increase a sense of well-being. Canines even have the power to connect with people living with dementia or other conditions that drive isolation.

The agency's therapy dog program is built not uncommon for residents entirely upon volunteer handlers who want to bring their furry friends out to community settings. But first, the dogs are extensively evaluated to ensure their temperament and training are suitable for the program.

"Happy-go-lucky, friendly dogs who love to meet they remember the dog that's new people, but can be calm while doing that come to visit. are ideal," says Jenn, who is a volunteer coordinator for the program in her region.

The dogs are of all breeds and run the gamut from tiny lap dogs to gentle giants.

The support from United Way "is absolutely incredible" and keeps the program running, says Jenn. It allows handlers and dogs to be outfitted in agency-branded gear that clearly indicates they are a therapy dog team. It also covers the costs of holding evaluation sessions.

could have "bark breaks."

"You see these teenagers coming into the library, and they look so different world. And then a dog nose under their hands and they change to these joyful teenagers and pet these dogs. It's just amazing the relaxation that they get from the dogs."

In long-term care homes, it's to tear up when the dogs arrive, but that quickly changes to big smiles, says Jenn.

Some residents don't remember human names, but

> Dogs also sit alongside struggling young readers, helping them gain the confidence they need.

"We are proud of our program because it helps so many people," says Lou, regional community service coordinator at the agency. "It's that endorphin rush people get when they rub that belly, or scratch that ear, and that tail is wagging

with so much force they can tell the love is there. That really is the magic to our program."

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COMMUNITY COLLABORATION

Your United Way stands together with the community, working in partnership and co-creation with organizations and individuals striving to make change and improve lives locally.

Community Tables

The collective power of collaborative community tables inspires positive change. Your United Way participates in community tables across Halton and Hamilton, lending insight, thought leadership and connection to community partners. Issues include service coordination, housing access, poverty elimination, advocacy for older adults, and more.

Learn More: uwhh.ca/community-leadership/

Networks

Your United Way participates in communities of practice at local and national levels to learn and share best practices and expertise across various issues and focusses. We participate in poverty reduction roundtables locally, and are proud to be a member of the national Communities Ending Poverty network through the Tamarack Institute. This fortifies our efforts and collaboration on important community issues related to income and livability. We also support non-profit sector networking and education through partnerships and networks like the Ontario Nonprofit Network and Living Wage Network. This ensures our work in Halton and Hamilton is strengthening the entire network, and among those leading the way in community services.

Labour

Unions are an important part of our community, improving the lives of Canadians by standing up for what is fair. Local unions across Halton and Hamilton support their community through financial donations, food drives, and product drives, to contribute beyond their membership to the community at large. United Way Halton & Hamilton proudly holds long-standing partnerships with labour organizations such as the Hamilton & District Labour Council, Oakville & District Labour Council, and their affiliates across the region. Labour inspires collective action in our communities to address root causes of poverty by advocating for systemic change. Unions across Canada are loyal and generous contributors to United Way, donating funds, resources and physical labour, as well as participating as Board and Cabinet members. We thank our labour partners for working to create strong communities where all can prosper.







Period Promise

Since 2019, your United Way has distributed more than 210,000 menstrual hygiene products to people in need through its Period Promise initiative. Collaborating with labour community partners, donors, and workplace partners, your United Way works toward menstrual equity, advocating for barrier-free access to products in community and workplaces through the Period Promise Policy.

Learn More: uwhh.ca/periodpromise



STRATEGIC INITIATIVES

Your United Way leads, partners with, and supports community initiatives to generate impact. Thanks to community and gracious donors, we invest time, resources, and expertise to build capacity in the sector.

Financial Empowerment & Problem Solving

In 2022, your United Way worked with lead partners at Oak Park Neighbourhood Centre and the Social Planning and Research Council of Hamilton to continue providing financial empowerment models in our communities. Free tax filing and financial education opportunities helped residents out of crisis and toward financial stability, tapping into the more than \$1 billion in social benefits that go unclaimed annually in Canada. This year, your United Way developed additional online courses to support financial literacy for clients of social organizations, in partnership with Credit Counselling Society and Home Suite Hope.



\$10,981,248

Total refunds and benefits through local tax filing

2,420

People supported through tax filing

2,080

People who received financial literacy training and counselling

"I want to thank you from the bottom of my heart. I got my tax refunds, a total of more than \$4,000, and the money has been so helpful. I deeply appreciate what you did for me and will do my taxes with you again next year." – Tax clinic client

ConnectED

ConnectED is your United Way's capacity building program for the community sector. Providing broadly accessible workshops, courses, coaching, and more, ConnectED enhances knowledge and resources in the sector and leverages the strengths of our partnerships.

Workshops: More than 175 individuals attended 14 learning opportunities last year, ranging from financial literacy to client-centred program design and beyond.

Learning Library: Provides accessible, no-cost learning opportunities, including a co-created Behavioural Insights course, and opportunities to take part in Innovation for Social Impact, a university co-learning course.

100% of survey respondents said they would recommend the ConnectED program.

"This
was one of the
first webinars I didn't
want to walk away from,
even for a moment. I
thoroughly enjoyed hearing
the experiences from the
presenter, and much of what
was said challenged me to
reflect on my own role in my
organization and in the

 Learning to Lead with Courage session participant



Mobilization

In 2022, your United Way partnered with Purolator, National Tire Distributors and Community Living Burlington, opening the doors to 18 corporate partners through our Day of Caring volunteer program at our Community Donation Warehouse (CDW). Dozens of agencies accessed much-needed items through the CDW distribution program—a community-based solution giving new life to unused inventory. We were grateful to receive \$811,653 in in-kind donations from our generous donors.

Research

Your United Way partners with community leaders and academia to ensure our collective efforts are evidence-based and community-centred. From research projects to co-developed courses and experiential learning opportunities, our partnerships with McMaster University, Social Planning and Research Council of Hamilton, Community Development Halton, The/La Collaborative, Sheridan College and Behavioural Insights Team Canada, among others, help us build capacity in our network. This year, we co-led a national inquiry project on social innovation and collaboration with The/La Collaborative! Supporting the community with research and knowledge-sharing opportunities ensures the wealth of information around us benefits everyone.

Living Wage

Your United Way is a **Living Wage** employer and champion! To support decent work in our communities and sector, we invest in the research and advocacy that forwards living wage employment across Ontario.



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Available 24/7 in 150+ languages, 211 simplifies the process of navigating health and social service networks, guiding callers to the information they need. In 2022, 211 received 6,915 touchpoints with residents in Halton and Hamilton. With specialized support for diverse communities, including Indigenous Peoples, newcomers and 2SLGBTQIA+* people, 211 is an accessible service for all via text, chat, phone, and email.



*2SLGBTQIA+ stands for two-spirit, lesbian, gay, bisexual, transgender, queer, intersex, and asexual. The + stands for other ways individuals express their gender and sexuality outside heteronormativity and the gender binary.

Garry & Laddie Rai

Community Donors, United Way Halton & Hamilton Zumin Real Estate Philanthropic Circle Donors

"Hi, we are Garry and Laddie Rai. We decided to partner with United Way Halton & Hamilton (UWHH) in a non-traditional way to support local groups. We lost our nephew to gun violence in 2021, and we wanted to host an event in memory of him and to be able to make a gift that would have a long lasting impact on our community.

As a family, we chose to work with UWHH after careful consideration and research of various charitable organizations. One of the biggest factors for us was the reassurance that our gift would go exactly where we wanted it to, and have a positive impact in the areas we wanted to support. **UWHH** provided detailed explanations on how gifts are dispersed, guided us through the process, and even allowed us to visit

the charities that our gift would benefit – particularly those working with issues related to mental health, families, youth, and children.

UWHH's impact on the community is substantially significant, supporting different organizations, and providing services to in dividuals who may not otherwise have an outlet. The team at UWHH made our journey of finding the right cause incredibly easy with their communication, patience, and understanding of our vision and desire to

We were able to host an incredible event in our nephew's memory that brought together tears and laughter while supporting many people.

Overall, we appreciate UWHH's comprehensive efforts in supporting numerous organizations and finding something for everyone. We are thankful for UWHH's ability to identify our needs and capture our vision in contributing to the community, making our experience genuinely magical."



AFFINITY GROUPS

Women United

Women United is an integral part of the United Way movement, working together to advocate for the health, education, and financial stability of women and girls. This network of women leaders gives their time, energy, and resources toward alleviating the most critical issues facing our community. Women United are key drivers of philanthropy, making leadership investments and volunteering in local opportunities.

The Women United Leadership Matching Challenge matches new and increased leadership gifts of \$1,200 or more, thanks to generous match sponsors, **Media Resources** and **Pattison Outdoo**r.

Sopinka Legal Committee

Each year, the Sopinka Legal Committee, a group of committed members from the legal sector, comes together to plan and host the Annual Sopinka Legal Luncheon in support of United Way. Created by John F. Evans 21 years ago, this inspiring committee brings together the legal community from across Halton and Hamilton to raise funds in support of equity-deserving people. The Sopinka Legal Committee cares immensely about their community, and works tirelessly each year, volunteering their time to raise funds for those who need it the most.

GenNext

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GenNext members supported the work of United Way by participating in local events, giving, and inspiring future young leaders to give back to those in need across Halton and Hamilton.









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STEP UP FOR THE COMMUNITY **AWARD**







Eva Rothwell Centre









THE GAME CHANGER AWARD

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ArtHouse Budds' Group of Companies City of Burlington Enbridge Gas MNP LLP O'Connor MacLeod Hanna LLP PCL Constructors Canada Inc. **RBC Royal Bank UPS Supply Chain Solutions**

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ArcelorMittal long Products – Hamilton East + USW 5328

Canada Revenue Agency + AFS Hamilton Sub Group, AFS St. Catharines Sub-Group, UTE Local 00014 Hamilton, UTE Local 00016 St. Catharines

City of Hamilton + CUPE 5167 + ATU 107

Compass Group Canada + OPSEU 281

Leadec + Unifor Local 707

McMaster University + Unifor 5555 + **CUPE 3906**

Mohawk College, a partnership between

OPSEU Local 240 (Faculty), OPSEU Local 241 (Support Staff) & Administrative Staff

ROCKWOOL + Unifor Local 266

LEADING THE WAY AWARD: PHILANTHROPIST

Garry & Laddie Rai & Vicki Jagpal Hal Watson June & Ian Cockwell Margaret & Greg Grice Rob Hooper Trent & Dawn Ogilvie

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Burlington Hydro – Abby Adkins, Sarah Thomas, Diana Lo CUMIS Co-operators – Jennifer Gottlieb & Joelle Beaumont Distress Centre Halton – Dara Eisner Clancy Halton Catholic District School Board – Kelly Stephens, Najat Abdulahad, Rosie DiPietro Hillfield Strathallan College – Mark & Lisa Mitchell ITW Global Brands – Carolyn Beeton KPMG – Andrew McDowall L3Harris - WESCAM Division – Jennifer Brick & Maria Inacio Levitt-Safety Limited – Kayla Torontow, Bruce Levitt & Heidi Levitt SAVIS of Halton – Shelagh Nuttall SB Partners – Eric LaCourt Social Planning & Research Council of Hamilton – Kim Martin St. Joseph's Healthcare Hamilton – Brian Cooper Stride – Avalon Purdie

INSPIRING LOCAL LOVE AWARD Acclaim Health Catholic Youth Organization Eaton Endress+Hauser Canada **Environment & Climate Change Canada** FirstOntario Credit Union **Grant Thornton LLP** Hadrian Halton District School Board Hamilton Health Sciences Hamilton Steelworker's Area Council Hope Place Centres Hoskin Scientific Group Lawrie Insurance Group Marmon Industrial Water Mitsubishi HC Capital Oakville & District Labour Council Oakville Hydro OECTA Halton Elementary PwC Sagen Samuel Nelson Steel Saputo Inc. Scotiabank Veolia

PHILANTHROPIC CIRCLE

\$25,000+

Mitch Bates

Estate of Pamela Boyd

Mark & Vicki Chauvin

Raymond & Karen Chun

Ian & June Cockwell

Wayne & Isabel Fox

Freeman Family Foundation

Joanne Goodrich

Robert J. Hooper

The Hughes Family

Peter S. Long Family Foundation

Geoff Marshall

Estate of John Neskovic

Adam & Monique Newman

Sean & Lara O'Brien

Garry & Laddie Rai, Vicki Jagpal – LLG Classic

The Lewis & Ruth Sherman Foundation

Mike & Lesley Stollery

The Wilson Foundation

6 donors who wish to remain Anonymous

Robert Hooper, B.A., LL.B

2022-23 Chair, Sopinka Legal Committee Grosso Hooper Law Philanthropic Circle Donor

"Hi, I'm Robert Hooper, a personal injury lawyer in Hamilton. I am also the chair of the Sopinka Legal Committee, raising funds for the community through the United Way Halton and Hamilton—that's my passion.

This passion for the community led me to want to leave a lasting legacy gift that would have a great impact and help create systemic change for the future. By gifting United Way a life insurance policy at the Transformational gift level,

I will be helping future generations.

As we look back on our lives, we wonder, "how will I be remembered?" For me, I want to be remembered as someone who showed local love to my community."



INDIVIDUAL LEADERS

PLATINUM LEADERSHIP

\$10,000 - \$24,999

David Agnew

Chris & Linda Montague David Morton & Patricia Nash

A.W.B. Charitable Foundation Simon & Wendy Barkla

Trent Ogilvie

Paul Barrafato⁵

Joseph & Helena Pagano

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Bob Sawyers

Cidel Foundation S.P.E.E.K Fund

Jarvis Scott^s

Sandy Cimoroni & John Mann

Bunny Scott & Tom Dutton^o

John F. Evans, Q.C. & Patricia Peacock-Evans⁵

The Shorey Family

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Rose Hammill

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Michael L. Lamont^s

Stephen D Walker Julie & Kevin Watson

Ian & Barbara Lennox – Burrows Clothiers

Thomas J. Weisz^s

Steve & Lisa Liberty The Frank & Azniv Lochan Foundation^o

Petter Wiberg

Libby & Blair MacAulay

Eve & Peter Willis

Steven & Kathleen McCormick

Allen Wynperle^s

Steve & Leslea Mehltretter

Janet & Greg Young

The Metrontario Group

Croft Michaelson

Milne Family Foundation^B

5 donors who wish to remain Anonymous

- **B** Fund held with Burlington Community Foundation
- H Fund held with Hamilton Community Foundation
- O Fund held with Oakville Community Foundation
- 5 Annual Sopinka United Way Legal Luncheon Supporter

Trent Ogilvie

2022-23 Major Giving Chair, United Way Halton & Hamilton xROCKWOOL Platinum Leadership Donor

"My wife, Dawn, and I have always felt strongly about supporting our local community in as many ways as possible. We believe that there is still no one big challenge facing our community, but rather a number of critical areas needing focus. The team at United Way Halton & Hamilton has a finger on the pulse in our community at all

times and continues to align their efforts and resources to those most critical areas. We have full confidence when we donate to United Way Halton & Hamilton that our donation is going to have others to do the same." the greatest impact and we completely trust how those dollars are allocated. We strongly believe that when

you give a gift at the Major Gift level you are making an investment into the longterm sustainability of local social programs and services, that will hopefully inspire



Susan Kilburn

Gift of Securities Donor, United Way Halton & Hamilton Chief Operating Officer, LightPoint Financial Technology Gold Leadership Donor

"Hi, I'm Susan Kilburn, Chief Operating Officer at LightPoint Financial Technology. I was introduced to United Way 30 years ago, in the early 1990s.

I remember working at another organization at the time, and they ran a campaign video that showed people interacting with their colleagues at work. Then, the video would show those same colleagues in their home lives struggling with various challenges, whether it be domestic violence situations.

30

responsibilities for elder care, battles with addiction, and so on.

This video resonated with me. It showed me that you do not know what other people are going through, which ties into what I like about United Way. I believe that United Way seeks to understand the challenges in their local communities, then take their donations and fund various local charities in ways that best support those communities.

Over the past few years, I have decided to donate securities to United Way, instead of cash. Because capital gains tax does not apply to shares you donate, it has allowed me to give more than I would have for the same after-tax cost.

When I give to United Way, I know my donation is creating an impact for the most vulnerable in our community."



INDIVIDUAL LEADERS

GOLD LEADERSHIP

\$5,000 - \$9,999

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Oakville Community Foundation – GIVEOakville^o

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Leadership Honour

Roll, visit **uwhh.ca**

of the 2022-23

& Hamilton

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Simon Kent Claire Wilkinson^s

Susan Kilburn Ian & Nancy Willson

Charles & Jane Kucey and Family 11 donors who wish to Lynn Curtin Lange remain Anonymous



AGENCIES AND PROGRAMS

2022-23 FUNDED PROGRAM LIST

Community of Service

H Hamilton • B Burlington • O Oakville • M Milton • HH Halton Hills

AGENCY NAME	SUPPORTED PROGRAM	Н	В	0	M F	Н
Acclaim Health and Community Care Services	Adult Day Programs Bereavement Support Caregiver Support & Education Friendly Visiting Memory Visiting Tele-Touch		•			•
Alternatives For Youth	Youth Substance Use Counselling					
Ancaster Community Services	Assisted Volunteer Driving The Net (Youth Empowerment Program)					
ArtHouse for Children and Youth	Feed the Whole Child					
BGC Hamilton-Halton	Character Development Sanford Kids Club					
Big Brothers Big Sisters of Halton and Hamilton	Community Based Mentoring School Based Mentoring Vulnerable Population & Cultural Mentoring	•	•	•		
Canadian Mental Health Association, Halton Region Branch	Free Walk-In/Call-In Counselling Health Promotion & Education		•	•	•	
Canadian Mental Health Association, Hamilton Branch	Evening Social Recreational Rehabilitation					
Banyan (formerly Catholic Family Services of Hamilton)	Seniors Intensive Case Management Walk-In Counselling			•		
Catholic Youth Organization	Camp Marydale Crusader Athletics					
Community Development Halton	Social Planning Program					
Community Living Burlington	New Horizons Residential Services		•			
Community Living Hamilton	Supported Leisure					
Community Living North Halton	Drop-In Centre Friday Friends Saturday Centre					•

AGENCY NAME	SUPPORTED PROGRAM	Н	В	0	M F	Н
Community Living Oakville	Community Connect					
Distress Centre Halton	Distress Line TeleCheck		•	•		
Dundas Community Services	Seniors Services		•	•••••	• • • • • • • • • • • • •	••••••
Elizabeth Fry Society of Greater Toronto	Youth Connect					
Elizabeth Fry Society, Southern Ontario Region	Opportunities for Women					
Empowerment Squared	Education Programs Supervised Sports & Recreation	•				
Eva Rothwell Centre	Community Connections ERC Youth Zone (Empowered, Resilient, Capable) ICE After School Program (Inspire, Create, Empower)					
Food For Life Canada	Food Sourcing, Sorting & Sharing					
Halton Alcohol And Drug Assessment Prevention And Treatment (ADAPT)	Know The DEAL (Drug Education Alcohol and the Law)					•
Halton Food For Thought	Student Nutrition Program					
Halton Multicultural Council	Crisis Specialist					
Hamilton and District Literacy Council	Literacy & Basic Skills					
Hamilton Council on Aging	Seniors 4 Change (Positive Aging Education)					
HIPPY Halton	HIPPY (Home Instruction for Parents of Pre-School Youngsters					
Hope Place Centres	Her Strength His Strength PATTERNS		•			
John Howard Society of Hamilton, Burlington & Area	Family Support Program					
continued						

AGENCY NAME	SUPPORTED PROGRAM	Н	В	0	M	нн	
John Howard Society of Peel-Halton-Dufferin	Community Services Hate Crime and Radicalization Prevention Helping Youth and Parents Plan Positively) }
Lighthouse Program for Grieving Children	Peer Grief Support Groups						l
Links2Care	Community Support Program		• • • • • • • •				1
Literacy North Halton	Adult Tutoring Program						 !
The Living Rock Ministries	OASIS Coffee House Evening Program						
Milton Community Resource Centre	Family Fun Programs Infant Food Bank She Can!)
Oakville Meals on Wheels	Meals on Wheels						••••
Oakville Parent-Child Centre	Welcome Home		• • • • • • • •				• • • •
Radius Child & Youth Services	Child Abuse Prevention Child Abuse Trauma Intervention			•)
ROCK Reach Out Centre for Kids	Our Community Cares Hubs Educational Support Group Therapy for Youth Reconnecting Youth		• • •	•	•	•	
Sexual Assault & Violence Services of Intervention Halton (SAVIS)	Community Youth Worker North Halton Counsellor Senior Sharing Circle South Halton Counsellor		•	•	•		
Sexual Assault Centre Hamilton & Area (SACHA)	Abuse Prevention Counselling and Advocacy Crisis Support Diverse Communities Outreach						
Social Planning & Research Council of Hamilton	Financial Empowerment and Problem Solving Project (FEPS) Social Planning						
St. John Council For Ontario Halton Region Branch	Therapy Dogs						
St. John Council For Ontario Hamilton Branch	Therapy Dogs						
St. Joseph's Villa Dundas	Adult Day Program						

Sandy Cimoroni

Platinum Leadership Donor

"My name is Sandy Cimoroni. I'm a retired TD Banker, and I live in Oakville with my husband, John, and son, Sam.

I have been a long-time supporter of United Way since important for my family to being introduced through a workplace campaign 25 years ago. United Way's fact-based research and collaborative efforts with local partners make a meaningful difference in people's lives. I have seen firsthand the efficient and effective impact the supported agencies have on the community, with volunteers who were once beneficiaries of their support now giving back.

I admire United Way's holistic approach to addressing community needs, working with various groups to provide end-to-end support. It has always been give back to the community, especially during the pandemic where the needs for food security, housing, and mental health support have been more pronounced. I believe that stepping up in times of greater need is only

one small way we can give back and help our community regain and recover.

Even in retirement, I continue to promote United Way's wonderful work and encourage past and prospective donors to be part of the solution. I truly enjoy spreading the word about the wonderful work the United Way does."



Kalpana Rajgopalan

2022-23 Campaign Cabinet Member, United Way Halton & Hamilton Deputy Fire Chief, Town of Oakville

"Hi, my name is Kalpana. I am the Deputy Fire Chief, Prevention, Public Education and Emergency Management for the Oakville Fire Department.

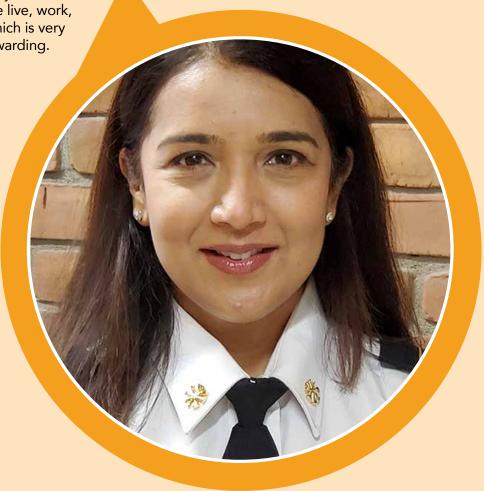
Giving to United Way is important to me because a great community is a strong community. United Way works locally to help those most vulnerable with support and resources they otherwise would not have access to. I love the work United Way does because I can see the impact locally in the communities we live, work, and serve in; which is very fulfilling and rewarding.

The need in our communities is great, and the impacts of the pandemic, rising housing costs and unprecedented inflation are placing an enormous strain on so many individuals and families. Giving to United Way this year is more important than ever before to provide support, opportunities, and a helping hand to those that need it the most.

The opportunity to be a part of the Campaign Cabinet in

2022 was one of the most gratifying experiences for me. The support of the United Way team was instrumental in helping us achieve our goals. Serving with a group of community leaders intent on building people up was inspirational.

Hearing from our sponsored agencies and seeing the impact of United Way's work was a defining moment in my volunteering journey and has strengthened my resolve to do more for my community."



AGENCY NAME	SUPPORTED PROGRAM	Н	В	0	M	НН
St. Matthew's House	Seniors Food Security Program					
STRIDE (Supported Training & Rehabilitation in Diverse Environments)	Employment Support Program					
Support House	Youth Supports					
Threshold School of Building	Ready to Work				•	•
Thrive Counselling Services Halton Inc.	Caring Dads Individual, Couple & Family Counselling			•		
Welcome Inn Community Centre	Learning and Fun After School					•
Wesley Urban Ministries Inc.	All Youth Zone Early Years Mobile Services Senior's Outreach Program Wesley Mean Delivery (formerly Day Centre Wesley Youth Housing					
Wever Community Hub	CORE Kids					•
The Women's Centre of Halton	Peer Counselling					
YMCA of Hamilton Burlington Brantford	Beyond the Bell Children & Youth Health & Fitness Day Camp Helping Hands Youth Support Programs	•	•			
YWCA Hamilton	After School Program Good Beginnings Transitional Living – Food Security Woman Alive Young Women & Girls Programs	•				

PARTNERS

Ontario 211
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